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Express Success with help from Heaven



Clear Your Past
and Change Your Future

Spiritual Healing & more for Personal and Business

Joyful News - June 5, 2015

Dr. Joy S. Pedersen



Joy S. Pedersen, Founder of Express Success LLC, is a Licensed Spiritual Healer, Certified

Spiritual Health Coach, Certified Law of Attraction Practitioner, ordained minister and Doctor of Divinity as well as a noted business consultant and networker with a celebrated international clientele.

She works closely with individuals and businesses of all sizes to overcome their challenges with money, relationships, career, business, health and well being.

Working by phone using intuitive gifts, as well as established, time-honored spiritual techniques, her work includes clearing negative memories, limiting beliefs, property and karma to achieve more effortless success.

She is a spokesperson for heaven and shares those messages on the Express Success blog. She authored the book [Wisdom of the Guardian: Treasures From Archangel Michael to Change Your Life](#). She was also a contributing author to Big Bold Business. Her chapter addresses how your subconscious is either supporting or sabotaging your success.

Her pro bono work focuses on a global peace and prosperity initiative healing the cause of the imbalances of life to the atrocities affecting all.

Play Brings Prosperity



So often we put value more on work than on play. Play actually brings prosperity. The more you lighten up, the more you raise your vibration. The higher your vibration, the better the results you attract.

As much as I love to play, I have often found as an entrepreneur there has sometimes been less time to play. That being said, as an entrepreneur, there is sometimes more flexibility to play when others can't.

Today my goal was to take off and go to Disney World. I haven't been there in years. The last year I had a membership to Epcot after 4 PM, which I really loved. The goal was that each month we would pick a different country. We would explore their culture, food and exhibits. It was fun!

This year I renewed and took the next level up membership, which includes all Disney Parks but during the week only. So, our goal is to explore Disney today.

Wishing you have a wonderful weekend,

Joy

PS The following is a channeled message I received years ago from an angel on play.

To schedule a session or a 15-minute get-acquainted call, contact Dr. Joy

[Email](#) or call 800-801-7597

Let's get to know each other, the challenges you face and the solutions I provide. If there's a fit, we can decide together what options are best for you. If there's not a fit, we've shared some time exploring and getting to know each other.

Messages from Heaven

For channeled messages from God, angels and others, [click](#).

Play is Underrated

Play is underrated. Society today seems to relish work, work, work thinking that is the answer to their needs being met. It is not. It has its place but it is way out of balance in this society today. Play has been underrated now for a long time here in the US. You have struggled to get ahead thinking the more you work, the more you will make and the farther ahead you will get but that is not necessarily the case.

What is important is to think before you act and act out of inspiration. There are times when you want to play and not work and it may be the most important thing you can do at that time for yourself and all humanity. You think working has value and it does but because people don't play enough they work unproductively harder than necessary. Most work can get done in a fraction of the time but because they are adhering to standards long ago set, they do what they are told and not necessarily what is right.

When I see you all struggle, working hard trying to make a buck I wonder what for. You think you know what you are doing but often you do not. Most people do not operate out of the conscious but out of the subconscious; out of what is familiar, tried and true to their world of thinking.

The truth is that everything is individualized for the person and the circumstance. What is appropriate for one may not be appropriate for another. Do what you are guided to do in each moment and you will be living your best life. Do what another thinks is supposed to be done and you are doing more of the same. It often lacks truth, integrity, honesty and awareness in the given situation.

So often people go forward living out of their past repeating what someone else thought was a good idea and no one questions the appropriateness of the situation because they are trained to listen and follow the standards set. Those standards, however, may not be best for either the participants or the outcome. You think it best because it pleases someone. It may not necessarily be you, a higher cause or the real situation at hand.

When people learn to go within and access their true guidance and compass, they will be guided to do what is appropriate for them and the circumstance in that instant.

By following what was always done or someone else previously thought, it isn't always beneficial for either the participants or the whole. There are sometimes other solutions and outcomes that aren't currently perceived because of automatically doing what was always done before.



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