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**Express Success LLC**

# Express Success with help from Heaven



Clear Your Past  
and Change Your Future

Spiritual Healing & more for Personal and Business

## Joyful News - September 11, 2015

### Dr. Joy S. Pedersen



Joy S. Pedersen, Founder of Express Success LLC, is a Licensed Spiritual Healer, Certified Spiritual Health Coach, Certified Law of Attraction Practitioner, ordained minister and Doctor of Divinity as well as a noted business consultant and networker with a celebrated international clientele.

She works closely with individuals and businesses of all sizes over the phone to overcome their challenges with money, relationships, career, business, health and well being.

Using both 21st Century technological advances and established, time-honored spiritual techniques, her work includes clearing negative memories, energy, property and karma. Her gifts bridge the gap between heaven and earth and all time and space.

She is a spokesperson for heaven and shares those messages on the Express Success blog. She authored the book [Wisdom of the Guardian: Treasures From Archangel Michael to Change Your Life](#). She was also a contributing author to Big Bold Business. Her chapter addresses how your subconscious is either supporting or sabotaging your success.

Her pro bono work focuses on a global peace and prosperity initiative healing the cause of the imbalances of life to the atrocities affecting all.

### What you can do to change your life now?

**This is one of the most pivotal times in history. It is the end of an era. We are crossing over to the beginning of the new world in the most dramatic way.**

At this time most of the karma affecting humanity has been cleared. Yesterday the original 12 peacekeepers in heaven were finally cleared, healed and were all restored to the light. Their karma became the karma of the Jews. That had to be completely cleared before the Jewish holidays.

There is more work that is pivotal to be completed today affecting the karma relating to other issues that also needs to be done before these holidays.

This month is marked for the biggest ascension of humanity. About a third of the population are expected to ascend by the end of the month.

What does that mean to you and for you? If your soul desires to ascend and you are ready to embrace the light, you will ascend to the 5th dimension of reality. You will not be leaving the body unless you prefer to move on.

It will mean that you have embraced the light and ascended in vibration. It is the level at which you vibrate at that dictates the results you achieve in life. Like attracts like. So if you vibrate high, you attract high-vibration people, places, things and experiences. If you want better results in your life, you want to ascend. With ascension comes greater ease, joy, love, peace, freedom and abundance.

#### What can you do to make the difference now in your ascending?

**Let go of fear, judgment, regret, the past, negativity, etc.  
Forgive yourself and others.  
Love yourself and others.  
Be loving to yourself and to others.**

**You get to choose moment by moment who you are going to be in that moment as well as what qualities you will allow in that moment. Be and choose the highest and best to have the highest and best results possible in the moment.**

Life is going to get much easier and sweeter for those who embrace these concepts and ascend.

As someone who has already ascended, I can tell you the benefits are enormous. It will be a process that will continue to unfold as we go along. However, first things first. Give up the old and outmoded. Let go of your negativity and fear to begin or enhance the process of ascension.

You have much to look forward to in the days and years to come. Allow yourself this gift. Accept this gift. All is forgiven. You can ascend. Embrace the light. It awaits you with open arms. There is nothing to fear. All is well and will become even better.

And, for those of you who are in resistance to this message and want to unsubscribe - you may wish to think twice before you do. If you don't ascend at this opportunity, you may wish to learn how after you notice the differences being experienced by everyone else. Your resistance is what is keeping you stuck in the problems you now experience. Call me if you are having trouble letting them go. Stay tuned also as I am trying to schedule a group healing to help everyone with the ascension process.

Wishing you a wonderful holiday weekend,

Joy

**To schedule a session  
or a 15-minute get-  
acquainted call,  
contact Dr. Joy**

[Email](#) or call 800-801-7597

Let's get to know each other, the challenges you face and the solutions I provide. If there's a fit, we can decide together what options are best for you.

**Messages from  
Heaven**

For channeled messages from God, angels and others, [click](#).

**Private Facebook Group**



Join us in our private group on Facebook called "Help from Heaven" to discuss heaven on earth, past lives, karma, the subconscious/inner child, angels, God, life, death, etc. The new group app for my iPhone has been great for ease.

Let's connect: <http://www.facebook.com/groups/helpfromheaven>



Click the icon above to connect with me through social media.

Express Success LLC • 3616 Harden Blvd., #154 • Lakeland, FL 33803  
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