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## Express Success with help from Heaven



Clear Your Past  
and Change Your Future

Spiritual Healing & more for Personal and Business

### Joyful News - October 16, 2015

#### Dr. Joy S. Pedersen



Joy S. Pedersen, Founder of Express Success LLC, is a Licensed Spiritual Healer, Certified

Spiritual Health Coach, Certified Law of Attraction Practitioner, ordained minister and Doctor of Divinity as well as a noted business consultant and networker with a celebrated international clientele.

She works closely with individuals and businesses of all sizes over the phone to overcome their challenges with money, relationships, career, business, health and well being.

Using both 21st Century technological advances and established, time-honored spiritual techniques and gifts, her work includes clearing negative memories, energy, property and karma. Her gifts bridge the gap between heaven and earth and all time and space.

The twin flame of Archangel Michael, Dr. Joy is a spokesperson for heaven and shares those messages on the Express Success blog. She authored the book [Wisdom of the Guardian: Treasures From Archangel Michael to Change Your Life](#). She was also a contributing author to Big Bold Business. Her chapter addresses how your subconscious is either supporting or sabotaging your success.

Her pro bono work focuses on global peace and prosperity by clearing and healing the cause of the karma affecting all humanity.

#### Changes

As mentioned last week, my next major assignment was to clear sacrifice. That was for each of the clients I mentioned last Friday as well as address it globally.

I was able to address the subject with Client A, which exhausted us both. We had to continue with the subject the next day because my client sessions ran back to back on Tuesday.

The subject of sacrifice still needs to be cleared for humanity as a whole as well as from the individual who has been sacrificed or who sacrifices themselves. Sacrifice is much more common than anyone would realize and would likely take more time to elaborate on than I have now.

**Just notice when and where you sacrifice now. How often are you sacrificed for money, the boss, the client, a family member or a situation? When are you being true to yourself or being sacrificed?**

We'll likely get into it more once I clear more with the subject. It has still left me exhausted. The energy spent on clearing the cause of karma negatively affecting humanity is enormous. Sometimes clearing for the individual, depending on how dark the situation, it can exhaust me for days.

I write this while at a conference where I am supposed to be addressing my business going forward. Much is changing since the shift. I am to change my business model to reach more of the masses. My focus on clearing the causal level of the karma affecting humanity is complete. Now the focus is to be on clearing the effects such as the persecution and sacrifice of these two weeks. That will provide changes for humanity in the future. The more individuals clear those issues from within them, the quicker they will also experience the relief from those memories in their subconscious.

I no longer feel the pressure of deadlines as the deadlines I often had to meet had global impact. No pressure there! So part of me feels more relaxed as I don't feel that same pressure. I have had more better nights sleep since this shift than it felt like I got in years. Over the years, it wouldn't be unusual for me to be awoken in the night to clear some curse or darkness.

If my work is shifting, then I know the world is shifting. **You may not feel all the changes yet, although many of you have reported seeing more heart energy, friendliness, kindness, and your own ups and downs with your energy and sleeping.**

I am experiencing a change in the information I am receiving from heaven such as setting the record straight. For example, God said the other day that reincarnation was a subject that was kept out of some books because those in charge wanted to have more control over their fellow man. If people knew that there was reincarnation and life after death, they would not be as fearful and as easily threatened and controlled.

**There are new systems, tools and information flowing to help humanity heal as well as operate in a new, easier way.** Over time there will be many changes. The important thing to know is that the world is changing for the better. The bad news you see on television is mostly remnants of the old world reality.

Rather than looking at that news thinking the world is terrible, realize that we can change that world even for those who are stuck in the 3 and 4 D realities, which they are demonstrating. The more you embrace the light and raise your vibration, you raise it for all and impact the all. All have free will and can choose the reality they wish to

#### Messages from Heaven

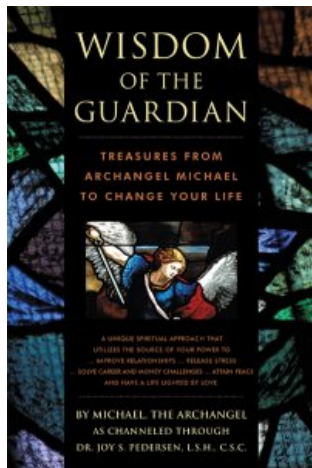
For channeled messages from God, angels and others, [click](#).

To schedule a session or a 15-minute get-acquainted call, contact Dr. Joy

[Email](#) or call 800-801-7597

Let's get to know each other, the challenges you face and the solutions I provide. If there's a fit, we can decide together what options are best for you.

### Wisdom of the Guardian



experience. The more who choose to embrace the light, the easier it will be for all.

Wishing you a wonderful weekend and a whole new world of possibility,

Joy

### Archangel Michael on these Changes

What will be changing in the future? There will be many things changing in the days and years to come. Much preparation has gone into making these shifts as you've just experienced and will continue to experience for some time to come.

All who embrace the light, will have an easier time of it over time. Those that are in resistance to the light, will suffer even more noticeably. That latter statement is not to frighten you as much as forewarn you. The reason we mention it is that people have choice that can impact their outcomes.

Much focus has been on the 5th Dimension and what that will open. It will open much. Those that embrace the 5th dimension energies, will begin experiencing life in a more effortless manner. The difficulties people will experience are not because they are being punished but because they aren't choosing the light. You all maintain free will. You can choose to ascend at any time. God awaits you with open arms.

Those that wish to let go of suffering, will be able to raise their vibration. Your vibration must raise to ascend. Why we bring this up at this time as that those of you who are left in the 3rd and 4th Dimensions will continue to be held back by limited thinking. Those old and outmoded ideas, traditions and beliefs that keep you stuck there will also keep you experiencing fear, limitation, as well as experience life less than possible.

Your right to choose will not be taken from you but if you prefer an easier way, you may wish to rethink your ideals, beliefs and open your heart and minds to possibilities that until now did not exist for you.



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