

[View as Web Page](#) [Subscribe](#) [Send to a Friend](#) [Preferences](#)

**Express Success LLC**

f Share + SHARE f t e ...



**Joyful News - June 24, 2016**

**Dr. Joy S. Pedersen**



Joy S. Pedersen, Founder of Express Success LLC, is a Licensed Spiritual Healer, Certified Spiritual Health Coach, Certified Law of Attraction Practitioner, ordained minister and Doctor of Divinity as well as a noted business consultant and networker with a celebrated international clientele.

She works closely with individuals and businesses of all sizes over the phone to identify and overcome the hidden causes of their challenges.

Her work includes clearing negative memories, energy, emotions, property and karma. Her gifts bridge the gap between heaven and earth and all time and space.

The twin flame of Archangel Michael, Dr. Joy is a spokesperson for heaven and shares those messages on the Express Success blog. She authored the book ["Wisdom of the Guardian: Treasures From Archangel Michael to Change Your Life"](#). She was also a contributing author to Big Bold Business. Her chapter addresses how your subconscious is either supporting or sabotaging your success. And, her latest book covers her work for heaven on earth clearing the cause of the karma affecting humanity, ["Clear Your Past and Change Your Future"](#).

Her pro bono work focuses on global peace and prosperity by clearing and healing the cause of the karma affecting all humanity.

**To Schedule Time...**

Call me at 973.706.8212 or email me at [info@expresssuccess.net](mailto:info@expresssuccess.net) if you'd like discuss spiritual healing, a speaking opportunity or getting together in July.

**Do You Feel Safe?**

I feel it is important to expand on the concept mentioned last week - true safety comes from within.

Everything you manifest and experience in the outer world is first achieved or received on the inside. The Law of Attraction is a natural occurrence. You attract what you believe to be true in the subconscious. The subconscious is the part of you that manifests. If you are completely free of fear, you won't attract fearful situations to you. So, if you work on letting go of all fearful memories or negative memories that could create fear, you won't attract a fearful situation to you. The things that trigger fear in the past, won't occur.

If your attention is drawn to a fearful situation, you will react with less to no fear. If you have an initial twinge of fear from habit, you can more easily let it go and return to a state of peace if you don't have the baggage of the past of fearful situations to draw upon.

As you ascend to the 5th dimension (5D), a state of what I commonly refer to as Heaven on Earth, you will experience more ease overall. If you are viewing fearful situations, overall you are seeing what is still occurring within the 3rd dimension (3D) reality, which will continue to exist for those who are committed to that reality. Those who live in resistance to letting go of the old mindset of duality, will continue to experience it for as long as they remain committed to it.

To move into the 5D of reality, fear must be eliminated or you will move forward and slip backward. Everything is a state of mind. Heaven is a state of mind as is hell. And, you get to choose where you will exist. Watching the news now, is watching the 3D reality. If you are choosing the 5D reality, it is optimal to give up watching the news. If there is something you need know, the universe can guide you to that information which is purposeful for your highest good.

If you are watching 3D news, you will be inviting fearful thoughts and lower energies into your auric field, subconscious mind, etc. When you invite fear and lower energies in, you are then going to attract those realities to you more readily. Life is about choice. Do you want to experience Heaven on Earth, an opportunity of love, joy, peace, balance, freedom and abundance? If so, operate from that place of being and listen and choose from there.

If you experience Heaven on Earth, would you want to watch what others are experiencing in hell? Those that continue to live in the 3D reality are there by choice as all can lift themselves up now and ascend. The soul chooses where it would prefer. You can ascend if that is your preference. To do so, let go of all fear-based ideas and choices. Choose the reality you wish and nurture those qualities at all times. Are you allowing in fear? Are you expressing fear? Then, choose to let those go if you want to feel safe and at peace.

If you truly want to feel safe, you must give up fear. By aligning with God/Source within your own heart and making sure that relationship is solid, you assure your safety. God is who will keep you safe. Many block God by their negative memories that remain unreleased. The light and energies coming into the planet now are to support letting those go.

All the talk about gun control is irrelevant as true safety is an inside job. A gun won't protect you from the fear inside that can attract harmful situations so work on the self and your connection to God, and ascend yourself out of harm's way.

I look forward to connecting with you, as always. And, don't forget our [Help From Heaven](#) group on Facebook where we can chat.

Faithfully yours,

Joy



Click the icon above to connect with me through social media.

Express Success LLC • 3616 Harden Blvd., #154 • Lakeland, FL 33803

<http://www.ExpressSuccess.net>

[Subscribe](#) • [Unsubscribe](#) • [Preferences](#) • [Send to a Friend](#) • [Report Spam](#)

Powered by [MyNewsletterBuilder](#)

