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Joyful News - July 1, 2016

Dr. Joy S. Pedersen



Joy S. Pedersen, Founder of Express Success LLC, is a Licensed Spiritual Healer, Certified Spiritual Health Coach, Certified Law of Attraction Practitioner, ordained minister and Doctor of Divinity as well as a noted business consultant and networker with a celebrated international clientele.

She works closely with individuals and businesses of all sizes over the phone to identify and overcome the hidden causes of their challenges.

Her work includes clearing negative memories, energy, emotions, property and karma. Her gifts bridge the gap between heaven and earth and all time and space.

The twin flame of Archangel Michael, Dr. Joy is a spokesperson for heaven and shares those messages on the Express Success blog. She authored the book ["Wisdom of the Guardian: Treasures From Archangel Michael to Change Your Life"](#). She was also a contributing author to Big Bold Business. Her chapter addresses how your subconscious is either supporting or sabotaging your success. And, her latest book covers her work for heaven on earth clearing the cause of the karma affecting humanity, ["Clear Your Past and Change Your Future"](#).

Her pro bono work focuses on global peace and prosperity by clearing and healing the cause of the karma affecting all humanity.

To Schedule Time...

Call me at 973.706.8212 or email me at info@expresssuccess.net if you'd like discuss spiritual healing, a speaking opportunity or getting together in July.

Are You Free?

True freedom comes from within. When you have let go of all your fears and limiting beliefs, you will be free to be, do and have what is possible.

Often people look at freedom as to what is granted from the outside. Those of you who chose to come to nations who are free, chose to of your own free will. If you chose to be born into a nation that was not a free state, it was because you either wanted to learn something or do something about it. In either case, it is up to you how you relate to the environment within which you live.

When you know who you are and the true connection to Source God that lives within you, ultimately you are free. You have the power within you to create great change. But all change on the outside first occurs within. If you don't feel free or experience freedom in your personal world or the world at large, the focus should be placed within as to what is within you that does not feel free. Ask the Source God from within your own heart, "What do I need know or do to experience freedom?" and follow that guidance. Often it is about letting go of an old concept or programming that is running in your subconscious dictating the results you experience as well as how you feel.

If you do not feel free, there is something within you inhibiting that state of beingness. Would you like to feel free?

Are you free to fully express yourself and your desires to the world? to your family? to the people who matter to you?

Are you judging your circumstances as limiting?

If you answered yes to the first question and no to the second, these are two examples of not feeling free. Do you blame others or your circumstances? If so, you are not freely standing in your power to take 100% responsibility for your circumstances to change them.

Wouldn't you feel better if you could freely stand in your power, fully expressing yourself and knowing you have the ability to be, do or have what is purposeful?

If you are demonstrating out into the world limitations of any kind, you are not free but have the power within to change those outcomes by letting go of the programming, negative memories and limiting beliefs, fears and judgments within that are sabotaging your freedom.

You don't have to fight for freedom. All you need do is let go of the concepts from within that limit your freedom. Return to love at your core where true freedom becomes possible. Once you come from a state of love, you are free and the possibilities are infinite. Attract from a place of love and possibility rather than from a place of fear and limitation. Then you will experience true freedom.

May you all be set free.

Archangel Michael

Wishing you a wonderful week and a happy celebration of the possibilities of true freedom this Independence Day.

Faithfully yours,

I look forward to connecting with you, as always. And, don't forget our [Help From Heaven](#) group on Facebook where we can chat.

Joy



Click the icon above to connect with me through social media.

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