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**Joyful News - August 5, 2016**

**Dr. Joy S. Pedersen**



Joy S. Pedersen, Founder of Express Success LLC, is a Licensed Spiritual Healer, Certified Spiritual Health Coach, Certified Law of Attraction Practitioner, ordained minister and Doctor of Divinity as well as a noted business consultant and networker with a celebrated international clientele.

She works closely with individuals and businesses of all sizes over the phone to identify and overcome the hidden causes of their challenges.

Her work includes clearing negative memories, energy, emotions, property and karma. Her gifts bridge the gap between heaven and earth and all time and space.

The twin flame of Archangel Michael, Dr. Joy is a spokesperson for heaven and shares those messages on the Express Success blog. She authored the book ["Wisdom of the Guardian: Treasures From Archangel Michael to Change Your Life"](#). She was also a contributing author to Big Bold Business. Her chapter addresses how your subconscious is either supporting or sabotaging your success. And, her latest book covers her work for heaven on earth clearing the cause of the karma affecting humanity, ["Clear Your Past and Change Your Future"](#).

Her pro bono work focuses on global peace and prosperity by clearing and healing the cause of the karma affecting all humanity.

**To Schedule Time...**

Call me at 973.706.8212 or email me at [info@expresssuccess.net](mailto:info@expresssuccess.net) if you'd like discuss spiritual healing, a speaking opportunity or getting together in July.

**Adapting to Change**

You never know when things will change. Life can change in a moment. It's important to stay present to be able to seize opportunities that may only be recognized if paying attention. Divine guidance and inspiration may be missed if not paying attention.

I experienced something where I witnessed others not paying attention and not being open and receptive to what was presented. Their free will became very relevant and when they didn't recognize the opportunity presented, ultimately lost out on a divine plan for their highest good.

As someone who was part of the divine plan, when others didn't choose their highest good, and didn't choose to follow their divine calling, my plans changed drastically. So, overnight my whole future changed. So, what did I learn in that experience?

1. Trust that if you follow your highest guidance, even if other parties use their free will to choose other than what was planned, you are still rewarded.
2. If someone doesn't choose their highest good, they may lose out on opportunities that would meet their heart's desire and may ultimately lose more than they realize. Those choices can result in losses to others as well.
3. You can't control life and as much as I tried to influence the outcome, the attempt to control may block desired results so the faster you can let go, the better your chances.
4. God and the angels often have multiple plans because they are used to humanity's free will and lack of cooperation when answering prayers.
5. Life happens in moments. If you don't seize the moment, or choose your highest path, you may regret it in more ways than one.
6. Some opportunities come but once.
7. If you are stuck on the past, including old teachings, you may miss out on new useful information and opportunities.
8. God and the angels can block your actually feeling anything negative to protect you if it's not for your highest good to feel the pain.
9. God and the angels can actually take away pain of loss, heartache, etc. in the moment if you ask for it to be taken from you and are willing to let it go.
10. By my choosing to let go and forgive, I was able to recoup and readjust almost immediately and the sooner you do let go, the faster a new divine plan can be experienced. I'm already on a new path, received benefit and am grateful.

The particular experiences were an eye opener that taught so many valuable lessons. Being present and adapting to change can make all the difference in the world. So be present and ready to adapt to the change that may come. Allow divine flow to occur and you will adjust more easily and effortlessly than imaginable.

Because my mission changed almost overnight, I'm guided to adapt to the change by fully healing and letting go of this plan and all the loss that accompanied. My guidance is to take care of myself and heal. I am told to visit friends and family in Las Vegas and enjoy. I have also been told to have fun and allow God to send me whatever clients and opportunities I should have and not search for anything. They took away an enormous amount of responsibility and almost overnight felt lighter. He's the best boss ever!

Now, I'll be in **Las Vegas 8/12 to 8/21** so if you are there and want to connect, let me know. I'm still working with my regular clients on Tuesdays and Thursdays while gone, but other than that will be socializing, relaxing and playing.

Wishing you a wonderful weekend.

Faithfully yours,

I look forward to connecting with you, as always. And, don't forget our [Help From Heaven](#) group on Facebook where we can chat.

Joy  
PS I am taking the rest of August off from the newsletter unless guided to reach out.



Click the icon above to connect with me through social media.

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