



Express Success with help from Heaven



Spiritual Healing & more for Personal and Business

Joyful News - December 9, 2016

Dr. Joy S. Pedersen



Joy S. Pedersen, Founder of Express Success LLC, is a Licensed Spiritual Healer, Certified

Spiritual Health Coach, Certified Law of Attraction Practitioner, ordained minister and Doctor of Divinity as well as a noted business consultant and networker with a celebrated international clientele.

She works closely with individuals and businesses of all sizes over the phone to identify and overcome the hidden causes of their challenges.

Her work includes clearing negative memories, energy, emotions, property and karma. Her gifts bridge the gap between heaven and earth and all time and space.

The twin flame of Archangel Michael, Dr. lov is a spokesperson for heaven and shares those messages on the Express Success blog. She authored the book "Wisdom of the Guardian: Treasures From Archangel Michael to Change Your Life". She was also a contributing author to Big Bold Business. Her chapter addresses how your subconscious is either supporting or sabotaging your success. And, her latest book covers her work for heaven on earth clearing the cause of the karma affecting humanity, "Clear Your Past and Change Your Future".

Her pro bono work focuses on global peace and prosperity by clearing and healing the cause of the karma affecting all humanity.

Annual NJ Group Healing & Channeling

Join me for our annual group healing and channeling on Sunday, December 18, 2016 at 1:00 PM at a private home in Morristown. If you are interested

Are You in the Fifth Dimension?

Let's recap: On Monday, August 29, 2016, the world experienced an energetic split. The Fifth Dimension (5D) split from the Third Dimension (3D) opening up the greater possibility to experience the qualities of Heaven on Earth (joy, love, peace, balance, freedom and abundance) more available to all who are in 5D.

Although many of us have made it to Heaven on Earth, the problem is,

- 1. do you know you are actually here in the Fifth Dimension (5D) or Heaven on Earth?
- 2. did you expect something else or know what to expect?
- 3. are you still waiting for the <u>rapture</u>?
- 4. are you still attached to Third Dimension (3D) programming?
- 5. do you know how to capitalize on the energies of 5D?

So in this newsletter, let's discuss the first question, which I am frequently asked.

Only 30% of the population ascended to 5D and can now experience Heaven on Earth. That being said, their consciousness must evolve further into it to actually experience it more readily. Both Heaven and Hell are states of consciousness. It is all about dimensions and where you resonate. Your vibration is key here. How high do you vibrate?

First of all, those who made it to 5D, made it because of purity of heart. You will likely know how pure your heart is by how you feel, think, act and relate to the world.

Who is left behind?

Here are some examples of possible scenarios regarding those who have been left behind in 3D

- 1. Some people chose to stay behind in 3D out of service to others, thinking they would be leaving physically to relocate to Heaven on Earth had they chosen to ascend thinking they would no longer be able to assist.
- 2. Some remained behind because they were attached to a specific idea of what the rapture was so when it occurred, missed the boat so to speak. They chose to wait to have their pictures met instead. Their attachments to old teachings kept them stuck.
- 3. Others were left behind because their soul didn't feel they were ready to graduate much like from one grade to another in school. They apparently had more lessons to learn, and ways to evolve.
- 4. Fear of the unknown.
- 5. Their ego assumed they would ascend but they did not work on themselves and were not pure of heart.
- 6. Those that did not understand that Heaven and Hell are states of mind and not locations as much as they are dimensions of realities and consciousness. Therefore, they didn't work on themselves sufficiently to raise their consciousness to reach Heaven on Farth
- $7. \ Stuck \ in \ any \ emotion, \ tradition, \ programming, \ or \ limiting \ belief \ can \ block \ ascension.$

That doesn't mean that those that fit some of the above didn't ascend. Those that were ready on a soul level and chose to ascend may have without realizing they are in 5D because they are still operating from 3D programming, but their intentions to ascend on a soul level were there and their heart was pure.

I know it can be confusing because there are so may gray areas. Just to be clear, the ascension had nothing to do with religion. If you look within your own heart, you should know. Ask yourself from there. Did I ascend? Am I in 5D? Your soul knows.

If you have questions about the above, ask them within $\underline{\text{Help from Heaven}}$. I will continue to answer more of the above questions, as well as others, in upcoming newsletters.

in joining us, you can either pay at the door or through <u>Paypal</u>. It will be \$55. Send an email to <u>me</u> and I will send you the address.

We include in this two-hour gathering information, healing as well as a channeled message. Last year we heard from God, as well as Archangel Faith and Michael.

Guests are welcome.

To Schedule Time...

Call me at 973.706.8212 or 800-801-7597 or email me at info@expresssuccess.net if you'd like discuss how spiritual healing can help you have a life of more ease and effortlessness, make more money, improve your relationships, health and wellbeing

I look forward to connecting with you, as always. And, don't forget our <u>Help From Heaven</u> group on Facebook where we can chat. No matter which dimension you find yourself, letting go of limiting beliefs, emotions and stuck energy and old programming, will help you ascend. We are offering two group healings to help release issues which are listed below and to the left.

Wishing you a life of joy, peace, balance, freedom and abundance and a wonderful weekend and holiday season.

Faithfully yours,

Joy

Group Healing for the Holidays

If you want help to elevate your experience over the holidays, we are holding a group healing call to include all the possible scenarios that may be impacting them.

Go here for the list of what are going to cover and to register:

Clear and Uplift the Holidays



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