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**Express Success LLC**

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**Joyful News - December 2, 2016**

**Dr. Joy S. Pedersen**



Joy S. Pedersen, Founder of Express Success LLC, is a Licensed Spiritual Healer, Certified

Spiritual Health Coach, Certified Law of Attraction Practitioner, ordained minister and Doctor of Divinity as well as a noted business consultant and networker with a celebrated international clientele.

She works closely with individuals and businesses of all sizes over the phone to identify and overcome the hidden causes of their challenges.

Her work includes clearing negative memories, energy, emotions, property and karma. Her gifts bridge the gap between heaven and earth and all time and space.

The twin flame of Archangel Michael, Dr. Joy is a spokesperson for heaven and shares those messages on the Express Success blog. She authored the book ["Wisdom of the Guardian: Treasures From Archangel Michael to Change Your Life"](#). She was also a contributing author to Big Bold Business. Her chapter addresses how your subconscious is either supporting or sabotaging your success. And, her latest book covers her work for heaven on earth clearing the cause of the karma affecting humanity, ["Clear Your Past and Change Your Future"](#).

Her pro bono work focuses on global peace and prosperity by clearing and healing the cause of the karma affecting all humanity.

**To Schedule Time...**

Call me at 973.706.8212 or 800-801-7597 or email me at [info@expresssuccess.net](mailto:info@expresssuccess.net) if you'd like discuss how spiritual healing can help you have a life of more ease and effortlessness, make

**The Five Challenges of Fifth Dimension**

It is hard to believe that three and one-half years ago we opened Heaven on Earth, which is one of dynamics of the Fifth Dimension. But, since the split between the Third Dimension and the Fifth Dimension that occurred at noon on Monday, August 29, 2016, those that ascended to the Fifth Dimension are now securely planted in Heaven on Earth.

Although many of us who have made it to Heaven on Earth, the problem is,

1. do you know you are actually here in the Fifth Dimension (5D) or Heaven on Earth?
2. did you expect something else or know what to expect?
3. are you still waiting for the [rapture](#)?
4. are you still attached to Third Dimension (3D) programming?
5. do you know how to capitalize on the energies of the Fifth dimension?

Where are you and now what?

To put it simply, you are where your soul decided at the time of split. Where you are depended largely on your purity of heart at the time the split occurred. Your soul and high self determined where you needed to be. If you ascended to 5D, it was time for you to do so. If your soul still required some additional learning, you may still be in 3D. Much like school, you may have been left behind because it was for your highest good to continue benefiting from additional teachings before graduating.

I think the biggest challenge is that tribulation, which has been anticipated through prophecy, is what is now being experienced by some of those who remained in 3D. The challenge to 5D people is that they may be dealing with many 3D people such as part of their work. They may be coworkers or employees. You may be in 5D and have 3D relatives who are now or will become more challenged as the split between 3D and 5D becomes more obvious.

Answering all the above may take more than just one newsletter so I will have to elaborate more in the future. Today, I want you to understand the best tactic no matter what dimension you find yourself.

Drop the focus from your head into your heart. Operate from your heart and stay in the moment. As issues come up, remind yourself that is due to old programming and possibly a 3D memory and to let it go. If you need guidance or a solution, turn inward to God and ask from within your heart for guidance. The guidance may come directly or you may be inspired to do something. Follow that guidance with trust. If you are operating from the heart, it makes everything easier.

Let me know how that works for you. If you have questions, ask them within [Help from Heaven](#).

Wishing you a life of joy, peace, balance, freedom and abundance and a wonderful weekend.

Faithfully yours,

Joy

**Group Healing for the Holidays**

If you want help to elevate your experience over the holidays, we are holding a group healing call to include all the possible scenarios that may be impacting them.

Go here for more details and to register:

[Clear and Uplift the Holidays](#)

more money, improve your relationships, health and wellbeing

I look forward to connecting with you, as always. And, don't forget our [Help From Heaven](#) group on Facebook where we can chat.



Click the icon above to connect with me through social media.

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