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**Express Success LLC**

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# Express Success with help from Heaven



Clear Your Past  
and Change Your Future

Spiritual Healing & more for Personal and Business

## Joyful News - January 19, 2017

### Dr. Joy S. Pedersen



Joy S. Pedersen, Founder of Express Success LLC, is a Licensed Spiritual Healer, Certified

Spiritual Health Coach, Certified Law of Attraction Practitioner, ordained minister and Doctor of Divinity as well as a noted business consultant and networker with a celebrated international clientele.

She works closely with individuals and businesses of all sizes to overcome their challenges with money, relationships, career, business, health and well being.

Working by phone using intuitive gifts, as well as established, time-honored spiritual techniques, her work includes clearing negative memories, limiting beliefs, property and karma to achieve more effortless success.

Dr. Joy is a #1 international best seller of a couple of books. Her first book launched her spiritual healing career when Archangel Michael approached her asking her to join him in a healing practice and write his book, "[Wisdom of the Guardian: Treasures From Archangel Michael to Change Your Life](#)". Her recent bestseller, "[Clear Your Past and Change Your Future](#)" speaks of her work with Archangel Michael over the years.

Her pro bono work focuses on a global peace and prosperity initiative healing the cause of the imbalances of life to the atrocities affecting all.

**To schedule a session or a 15-minute get-acquainted call,**

### Forgiveness is Key - Can You Forgive?



Forgiveness seems to be a tough activity for many. They may want to but still blame the person who offended or hurt them in some way.

One of the common subjects that comes up in my practice with my private clients is where they are stuck because of not being able to forgive.

I even say in our monthly group healing call that if your subconscious is judging a subject we bring up and won't include because they feel guilty, to include it anyway. God can forgive easier and quicker than we can. The purpose is to have him release and heal a situation but that can't be accomplished if we hold back issues out of our own judgment or inability to forgive ourselves or others.

I wrote [this article](#) after a session earlier this week to elaborate on more nuances and tips regarding forgiveness which I hope helps

Wishing you a wonderful weekend,

Blessings,

Joy

PS: Join us in our private community at [www.HelpfromHeaven.com](http://www.HelpfromHeaven.com)

### How's Love in Your Life?



In a month we will be celebrating or having possible issues related to Valentine's Day. Most holidays bring up thoughts and feelings about some aspect of any special occasion.

Valentine's Day brings up feeling obligated to express or receive love that you may or may not feel or have.

The other topic often on people's minds is the desire to attract twin flames and soulmates. There is much confusion about these relationships and they are not always optimal or desirable. On [Wednesday, January 31](#), I am offering a free teleseminar on the topic and on our monthly group healing call [Saturday, February 3](#), we are clearing more layers of things we often include to raise your vibration higher to attract better results. But, we are also having love, relationships, twin flames and challenges of all including broken hearts cleared. When you clear broken hearts from this life and others, you increase your ability to receive abundance.

We have also discovered that some of your karma may be coming from your twin flame, which is a unique circumstance for those who have their twins in the body. Often the twin flames are off the planet but this lifetime many are incarnating at the same time.

Those that are meeting may not even recognize the other due to specific challenges and some twin flame and soul mate relationships bring particular challenges. We will address some of those both in the free call as well as the healing call so those

## contact Dr. Joy

[Email](#) or call 800-801-7597

Let's get to know each other, the challenges you face and the solutions I provide. If there's a fit, we can decide together what options are best for you.

challenges can be cleared and released for you with the goal of having happier and healthier relationships.

The monthly group call can be found [here](#) and the teleseminar on love [here](#).



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