



Joyful News - October 17, 2018



I was speaking with a client a Friday referring back to last week's newsletter and free download on the morning routine. I realized I left out of the list something that should be considered.

Although we have discussed the inner child before, it is a subject that still requires reminding as well as understanding.

Here are a couple of nuances about the inner child. When you travel, you want to make sure he or she is with you. Without them along for the ride, you will experience jet lag.

If you exercise without their presence, you will feel more challenged and the exercise seems more of a struggle.

If you are in a meeting or doing something without them, you won't remember the details of the event as easily.

This is the first era when people have become aware of their existence. Some can actually see them and dialogue with them that makes it easier to relate to them and benefit.

As previously mentioned, they are the part of you that manifests your results so without their cooperation you struggle easily obtaining what you want.

So, I added a reminder to the list I gave you last week so you make sure they are with you so you benefit from their presence. Since I mentioned the high self as well, I thought I would write more about how you benefit from their participation more next week.

To get the free download, [Create a Powerful, Productive and Positive Morning Routine](#), go [here](#).

For those who have incorporated the routine, I would love feedback including benefits as well as challenges.

Wishing you a blessed and joyous day.

Much love,

Joy

LIVE EVENTS

Clarity in Consciousness

October 20, 2018 - LIVE - Lakeland, FL

Clarity in Consciousness

Further details
here: <https://www.meetup.com/Florida-MUFON/events/251370200/>

NEW JERSEY

Design Your Divine Destiny

December 29, 2018 - LIVE - Event in Morristown, New Jersey **Design Your Divine**

TELEPHONE EVENTS

Group Healing Calls

November 3, 2018 11:11 AM EST - [Group Clearing Call](#) - We will include the usual list of personal and global topics with whatever you want to include. The special topic will address the significance of gratitude. We will also clear for Thanksgiving including any travel involved and all that we need clear preventing us from living and benefiting from a place of gratitude. Teachings from Heaven. Click [here](#).

December 1, 2018, 11:11 AM EST - Group Clearing Call - We will include the usual personal and global topics and clearing for the holidays, events, travel and the religious, cultural and family traditions and all the fears and limiting beliefs and challenges surrounding

Destiny. Details to come.

the holidays. Teachings from above.



Joy S. Pedersen, CEO and Founder of Express Success LLC, is a Doctor of Divinity, Licensed Spiritual Healer, Certified Spiritual Health Coach, Certified Law of Attraction Practitioner, ordained minister and a #1 International Best-selling author. She is also a noted business consultant and networker with a celebrated international clientele.

She works closely with individuals and businesses of all sizes to overcome their challenges with money, relationships, career, business, health and well being. Her work includes clearing negative memories, emotions, limited beliefs, property, travel, karma, curses and darkness as well as clearing the future.

Her pro bono work focuses on a global peace and prosperity initiative healing the cause of the imbalances to atrocities.

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