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Joyful News - November 14, 2018



We discussed last week the significance of your birth from the point of view you determined to be born, the other piece is the significance of actually being born.

As you know, a lot can happen during the birth process. Do you recall your birth? I have had glimpses of both my own conception as well as birth. I have also seen a number of births of my clients especially when it is their birthday as a good opportunity to clear them. In one session I saw a client's transition from Heaven. She went through the process to forget Heaven and what

she already knew. She had conflict that began then as she was undecided as to whether she wanted to forget in order to be here. That indecision played out further into her existence. We had to clear this incident to assist her pure connection to God going forward.

When I was born, I remember the doctor disturbed missing a baseball game. The nurse was missing out on a date. I made the decision then that I didn't want to hold anyone up. That choice didn't help my golf game when needing to be patient. Instead of establishing a supportive stance for driving the ball, I felt rushed not wanting to hold up everyone else. Those thoughts sabotaged my results. Where else that affected could be countless. Fortunately, I identified and cleared that cause and effect.

So much goes on at the time of birth that we don't realize it's impact. My mother wanted children so badly, she was hoping for twins. There was only one - me! Her desire for twins, however innocent and well meaning, contributed to me feeling inadequate and not enough. The not-enough theme is not unusual as a core belief for people but may have different origins than mine.

Another discovery I made during a session was that most don't feel enough because there is a part of them that recalls and feels they aren't enough because they remember they are separate from God. And, part of being here is understanding the dynamic and learning that oneness with God is definitely better. That lack in feeling enough, however, becomes our filter for viewing life. We see through that filter judging a variety of situations as not enough. We don't have enough time, money, love, recognition, opportunity, attention, friends, shoes, worth, stuff, etc.

Fortunately, we can clear the cause and effect of the not-enough theme and other core values and beliefs. We can clear thoughts, ideas and especially limited beliefs that are acquired due to the environment we were born into through the process of spiritual healing. Because the not-enough theme is so common, we actually include it in our monthly group clearing call listed below.

Whatever limited beliefs you have acquired from birth, you want to release them sooner than later because you want to create your life from the perspective of being a powerful and congruent creator. Your subconscious retains those limiting beliefs until released. I have found trying to do affirmations over unreleased unconscious limited beliefs usually isn't enough to create powerfully. Let go of all underlying limiting beliefs to create, and soar with ease.

Wishing you a blessed and joyous day.

Much love,

Joy

NEW JERSEY

[Design Your Divine Destiny](#)

TELEPHONE EVENTS

[Group Healing Calls](#)

December 29, 2018 - LIVE - Event in
Morristown, New Jersey **Design Your Divine**
Destiny. Details to come.

December 1, 2018, 11:11 AM EST - Group
Clearing Call - We will include the usual
personal and global topics and clearing for the
holidays, events, travel and the religious,
cultural and family traditions and all the fears
and limiting beliefs and challenges surrounding
the holidays. Teachings from above. [Click here](#)
[for more information and to register.](#)



Joy S. Pedersen, CEO and Founder of Express Success LLC, is a Doctor of Divinity, Licensed Spiritual Healer, Certified Spiritual Health Coach, Certified Law of Attraction Practitioner, Non-denomination ordained minister and a #1 International Best-selling author. She is also a noted business consultant and networker with a celebrated international clientele.

She works closely with individuals and businesses of all sizes to overcome their challenges with money, relationships, career, business, health and well being. Her work includes clearing negative memories, emotions, limited beliefs, property, travel, karma, curses and darkness as well as clearing the future.

Her pro bono work focuses on a global peace and prosperity initiative healing the cause of the imbalances to atrocities.

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