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Joyful News - January 16, 2019

Have You Lived Before?

I haven't met anyone so far that hasn't lived before. I believed in reincarnation since I was a child. I didn't realize, however, it would become a big part of my career.

It is a subject often misunderstood. It is more complicated than you would imagine. It is not a linear subject. There are so many variables about incarnating that I found it truly fascinating.

I have remembered my own past lives since the mid 80s and when Archangel Michael asked me to join in him this healing practice, I discovered I could read the past lives of others. Since then I have discovered much and continue to learn how life worked and works.

This morning I had a spiritual healing session with a client who wanted to address several issues including shoulder and knee pain. I was immediately lead to clear something about past lives and severe weather conditions. I saw her on a ship where she froze to death. I also saw her as a Native American infant cold, abandoned, and hungry when left in the snow by her mom longer than expected. Her daughter this lifetime was her mother in that one. Switching roles is not that unusual. I also saw another life where they lived in huts and a snowstorm had wiped them out.

Then for other reasons was lead to clear other lifetimes. I saw her as someone who had another life doing paid hard labor, digging a ditch to help prepare for a building. Another life she (he in that one) was a slave helping build the pyramids in Egypt, and another as a medical professional all requiring clearing to set her free now.

All these were uncovered to release energies, memories, fears and limiting beliefs still affecting her in this lifetime in one way or another.

One example of how she was affected now is that in the lifetime she lived in the hut as a man, she carried forward guilt. He felt guilty for having been the one who chose the place for the encampment. Had they built on the other side of the mountain, they wouldn't have been affected in the same way. He carried guilt for having made the wrong decision on where they would situate. That guilt needed to be released as well as the fear of making the wrong decision still inhibiting her to a degree even today.

Each time we release a layer of memory and emotion, we set ourselves free to choose better as well as experience and attract preferred results rather than from our subconscious programming. Since the subconscious, or in the inner child, is the part of you that manifests, it is important for the past to be released so you demonstrate current conscious preferences rather than previous programmed defaults.

Be mindful of the thoughts and feelings you now have. If you aren't rectifying them now bringing them to the highest and best place, you will be diminishing your results in the future. If you need help releasing them, reach out or join our monthly call below.

Much love,

Joy

ONLINE

Harness Your Power Within: Gaining Clarity in Consciousness for More Effortless Success

Based on requests, we will do an encore of this

TELEPHONE EVENTS

Group Healing Calls

February 2, 2019, 11:11 AM EST - Group Clearing Call - We will include the usual personal and global topics to clear as well as

workshop online. Date still needs to be determined. I appreciate your patience!

Let's connect....



Joy S. Pedersen, CEO and Founder of Express Success LLC, is a Doctor of Divinity, Licensed Spiritual Healer, Certified Spiritual Health Coach, Certified Law of Attraction Practitioner, Non-denomination ordained minister and a #1 International Best-selling author. She is also a noted business consultant and networker with a celebrated international clientele.

She works closely with individuals and businesses of all sizes to overcome their challenges with money, relationships, career, business, health and well being. Her work includes clearing negative memories, emotions, limited beliefs, property, travel, karma, curses and darkness as well as clearing the future.

Her pro bono work focuses on a global peace and prosperity initiative healing the cause of the imbalances to atrocities negatively affecting humanity and the world at large.

the special topic of love, relationships, romance, broken hearts no matter if from romantic situations or any. Broken hearts blocks prosperity so we want to clear them for overall benefit. [For more information and registration, click here.](#)

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