



Joyful News - April 17, 2019



What Are You Manifesting?

What are the results you are manifesting and experiencing? Each month during our group call, we add a special focus and for the next month decided on Manifesting, Magic and Miracles as the special topics. But, rather than wait until just the call to add the teaching from God, I wanted to highlight some of the nuances here because you are all affected, benefiting or missing out in one way or another.

How your life is showing up is evidence of what you are manifesting. If your life is of ease and effortless, abundance and peace, that is what you are manifesting. If it is something other than that, you are also manifesting that in some way or another. Life reflects your thoughts and feelings about it and yourself. There can be other influences such as energetic mismatches and sabotage but largely it is really what you think and feel that you experience.

The trick sometimes, however, is understanding what is it within that is creating the mismatch from what you want and expect to what you are actually experiencing. When success in the entertainment industry was easy for me, I wanted to understand why others struggled so I could help them. That is when I learned about the Law of Attraction and began teaching it to others. I realized early on that the consistent techniques taught and used garnered great results for all in some areas and failed in others. It became evident that the problem must be from within the individual.

The desire to find a solution, lead me to education on the subconscious mind and opened the door to learning spiritual healing as the answer. Most of us have been taught to focus on the intellectual mind and what we think. But, most have not been taught that it isn't the intellectual part of the mind that is the part of you that manifests. It is the subconscious. Therefore, if you are incongruent between the conscious and subconscious mind, the subconscious wins.

But, most don't know what the subconscious is thinking. If you look at your results, however, you will know what it thinks. You may not know why but you will know what. For example, if you experience people always loving toward you, you will know you love yourself. If you find that people are abusive of you, you know you have memories of abuse within your subconscious that need to be released in order to not attract abuse.

If you work really hard but aren't making a lot of money, you know you have beliefs about working hard for not enough money. But, where did they come from? If you are experiencing lack, you have beliefs in lack within your subconscious.

If you have trouble with authority figures, you know you have a past and likely a past life where an authority figure gave you a hard time personally.

If you are experiencing there's not enough or feeling you are not enough, there's memories dictating those feelings and beliefs.

The way life shows up and is experienced is a reflection of the subconscious. Let go of what is within the subconscious that is not in alignment with what you prefer and you can more easily manifest what you prefer.

Some have used affirmations to rework the belief system, but I have found going to the cause to eliminate the origins and eliminating the associated programming that supports the belief is the most effective and quickest way. Unless you are keyed into past lives, it is often difficult to realize that the reason you don't resonate with something really began 1,000 years ago when something occurred to set the stage for a belief to begin.

You don't always have to ascertain the past life memory to release it, the karma created then can be played out now and you get the lesson in this lifetime and that alone can shift the experience.

You can do it either way, experience the karma to learn from it or just let it go with spiritual healing. But, unless you release it, it can be manifested in your experiences. You just need to look at your outcomes to know if it is cleared or not. If you are experiencing something less than optimal or what you prefer, you know to look within to what is it within you that is causing your results to be manifesting.

As mentioned, you can participate in our next group call if interested in letting go of the unseen and I can always tune into the subconscious to see and release the cause privately as well. It's always about the work on the self. Do the work yourself or get assistance to identify and release those blocks so you can manifest the abundant life of joy and peace that is possible with more ease.

Blessings,

Joy

ONLINE

Harness Your Power Within: Gaining Clarity in Consciousness for More Effortless Success

We are looking for an optimal date for this as it was a three-hour workshop and healing.

TELEPHONE EVENTS

Group Healing Calls

May 4 2019, 11:11 AM EST - Group Clearing Call - We will include the usual personal and global topics to clear as well as the discuss and clear manifesting, magic and miracles as well as whatever God deems necessary to include. [Click here for details and registration.](#)



Joy S. Pedersen, CEO and Founder of Express Success LLC, is a Doctor of Divinity, Licensed Spiritual Healer, Certified Spiritual Health Coach, Certified Law of Attraction Practitioner, Non-denomination ordained minister and a #1 International Best-selling author. She is also a noted business consultant and networker with a celebrated international clientele.

She works closely with individuals and businesses of all sizes to overcome their challenges with money, relationships, career, business, health and well being. Her work includes clearing negative memories, emotions, limited beliefs, property, travel, karma, curses and darkness as well as clearing the future.

Her pro bono work focuses on a global peace and prosperity initiative healing the cause of the imbalances and atrocities negatively affecting all to set humanity free.

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