

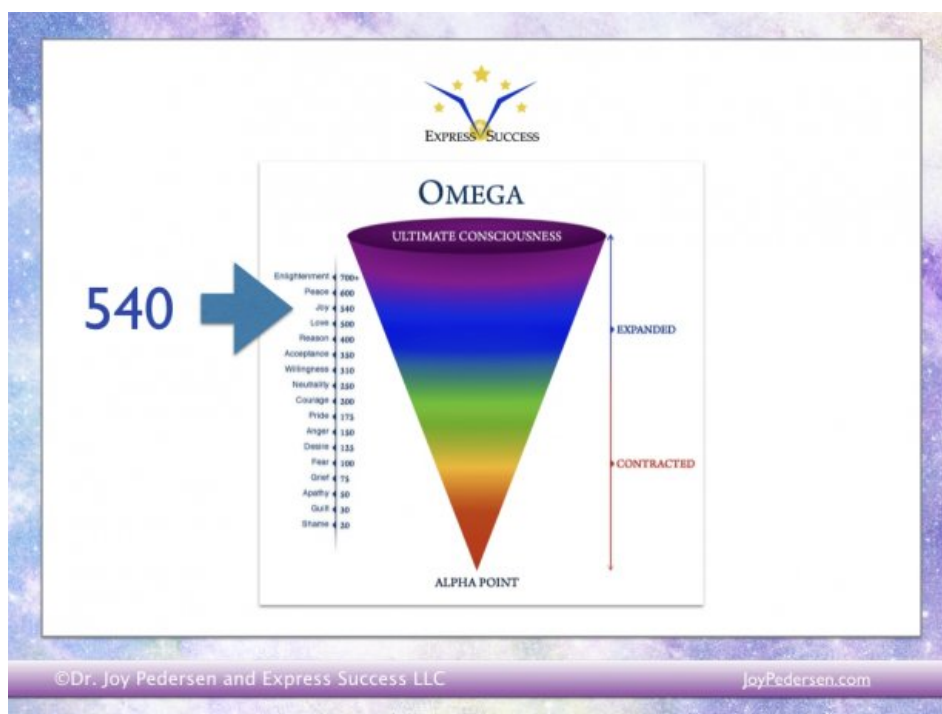
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## Joyful News - June 26, 2019



Today turned out to be the National Day of Joy. Since I just shared "The Art of Living in Joy" the other night, I thought to share one of the concepts included. Here is one of the slides showing where joy ranked on the consciousness scale. As I mentioned then, you need raise your vibration to at least love, at 500, which is where you can give and receive love. Once you reach that, you can more easily achieve joy. If your heart is closed at all, you will deny yourself both love as well as joy and abundance.

Do you know where you are vibrating? Are you experiencing joy?

If you aren't experiencing joy, incorporate more activities that bring you joy. It also involves your thinking overall, which mandates that you have let go of the lower vibrating emotions on the scale such as fear, anger, guilt and shame.

The higher you vibrate, the better experiences and opportunities you more effortlessly attract to you.

If you are having trouble letting go of the lower vibration thoughts and feelings, let's talk so I can help you privately or join us July 6 where we do in a group setting by phone.

### But to enhance this Day of Joy today:

- What activity can you do today to experience more joy?
- How can you bring more joy to the life of another?
- What can you let go of to raise your vibration?

Wishing you much joy...

Blessings,



PS Don't forget to join is our Facebook group, [Help from Heaven](#), for further discussion.

## BOOK

### Wisdom of the Guardian



Many are struggling for answers and have asked what they can do personally do their own healing. Reading "Wisdom of the Guardian: Treasures from Archangel Michael to Change Your Life" can help. Michael is always with you when you read the book. The tools he provides at the end of the book will serve you over and over again.

[Wisdom of the Guardian](#)

## TELEPHONE EVENTS

### Group Healing Calls

July 6, 2019, 11:11 AM EST

#### Clear Your Past and Change Your Future

We will include personal and global topics, issues on money, self worth, limiting beliefs, negative emotions and attachments, and will clear blocks to true **freedom**, as well as whatever God deems necessary to include. [It's time to set yourself free!](#)

Always a new teaching from Heaven is included which you will be emailed.

For more details and registration, [click here](#).



Joy S. Pedersen, CEO and Founder of Express Success LLC, is a Doctor of Divinity, Licensed Spiritual Healer, Certified Spiritual Health Coach, Certified Law of Attraction Practitioner, Non-denomination ordained minister and a #1 International Best-selling author. She is also a noted business consultant and networker with a celebrated international clientele.

She works closely with individuals and businesses of all sizes to overcome their challenges with money, relationships, career, business, health and well being. Her work includes clearing negative memories, emotions, limited beliefs, property, travel, karma, curses and darkness as well as clearing the future.

Her pro bono work focuses on a global peace and prosperity initiative healing the cause of the imbalances and atrocities negatively affecting all to set humanity free.

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