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Joyful News - February 19, 2020



Do you have any hidden fear that is holding you back?

During our last group healing call, one of the participants asked that we include fear as the main subject for our next clearing call March 7. It made sense that just addressing that subject would be huge as fear is the culprit often blocking what we want to effortlessly achieve in life.

In thinking of fear more in depth to address, I began to list some of the fears that people experience. Here is some of what I came up with:

FEAR OF...

- success
- failure
- ending up alone
- not making enough money
- a sale not going through
- not getting enough business
- not speaking well enough
- change
- losing eyesight, health, etc.
- of hurting someone's feelings
- not being heard, understood, or accepted
- not having a good enough time
- not getting what you want
- not getting better
- nothing going to change
- not being good enough

At a recent wedding, the groom mentioned a fear of getting through the formal required dances before he could fully relax. Have you really stopped and thought how many times a fear sneaks into your mind inhibiting effortless, complete joy and confidence? Or, that may stop you completely in your tracks from moving forward with ease and organically attracting what you prefer as a desired outcome? Remember your subconscious thoughts are what manifest your results.

Take a moment and do some soul searching and look within where you may have a fear that may be unknowingly holding you back. Let those fears go for more effortless success. If you can't release those fears or their cause on your own, reach out privately or join us March 7 so we can help you effortlessly release them. Details below.

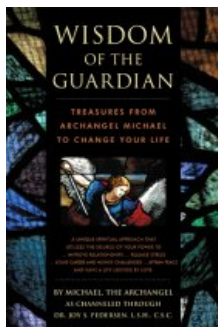
Wishing you the freedom of being fearless always...

Blessings,

PS: Don't forget to join is our Facebook group, [Help from Heaven](#), for further discussion.

BOOK

Wisdom of the Guardian



Many are struggling for answers and have asked what they can do personally do their own healing. Reading "Wisdom of the Guardian: Treasures from Archangel Michael to Change Your Life" can help.

Michael addresses purpose, career,

relationships, parenting, and Heaven on Earth among other insights.

Michael is always with you when you read the book.

The tools he provides at the end of the book will serve you over and over again.

[Wisdom of the Guardian](#)

TELEPHONE EVENTS

Group Healing Calls



March 7, 2020, 11:11 AM EST

Clear Your Past and Change Your Future

Release the limitations from the past that are blocking your future of ease, joy and abundance. Let go of negative emotions, beliefs, situations, challenges, karma, ancestral and 3D programming as well as anything sabotaging or concerning you. **We will be releasing fear as it applies to a variety of issues** along with whatever God dictates in both clearing and teaching.

[For more information and registration.](#)



Joy S. Pedersen, CEO and Founder of Express Success LLC, is a Doctor of Divinity, Licensed Spiritual Healer, Certified Spiritual Health Coach, Certified Law of Attraction Practitioner, Non-denomination ordained minister and a #1 International Best-selling author. She is also a noted business consultant and networker with a celebrated international clientele.

She works closely with individuals and businesses of all sizes to overcome their challenges with money, relationships, career, business, health and well being. Her work includes clearing negative memories, emotions, limited beliefs, property, travel, karma, curses and darkness as well as clearing the future.

Her pro bono work focuses on a global peace and prosperity initiative healing the cause of the imbalances and atrocities negatively affecting all to set humanity free.

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