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Joyful News - January 29, 2020



## How Do You Relate to Others?

Last week I discussed how you relate to yourself. To me that is the most significant relationship of all. But, now take that outwardly and look at your relationship with others. Others are often a reflection of you. That is the significance of the Law of Attraction.

That being said, there can be other dynamics at play as well as all have individualized personalities, quirks, free will and needs. But, their connection to you is always purposeful. How you relate and how you treat and experience those relationships is significant.

If someone is triggering an emotion within you, how does it make you feel? What does it bring up? What are you reminded of? It is usually something within you that was unhealed if you have an emotional reaction. Even if watching a story on the TV. If you are triggered, it is because there is an unhealed emotion within.

How you respond is key. If you immediately look within, asking "What is it within me that this is showing up in this manner?", you are empowered to shift something regarding the experience or reaction. You either change something within or address something externally. Either way you are empowered. Using spiritual healing, I have used the same question asking why a baby in the restaurant is crying and clear it and see them stop crying.

There is a well known story now about a gentleman I know who worked only on himself using the ho'oponopono [an ancient Hawaiian spiritual healing process] and cleared out a ward of criminals without having interfaced with them directly. All he did was read their files and do the work within himself. It was quite miraculous.

This is one of the reasons we include world events in our [group healing calls on Saturday](#) and the way in which each person on the call has been triggered. We get to clear the memories from within that person that related to the stories to set all free. It also empowers us to clear how our personal histories have unknowingly influenced current affairs. You'd be surprised at the connections people have through past lives. It is always fascinating.

Everything is a relationship. First, it is in the relationship with Source, yourself, and your perspectives. How you relate to others, whether it is romantic, personal or business, is because of your internal makeup. By releasing your negative memories, beliefs and emotions, you can shift the way others show up for you. Even your money issues are reflected here as that too is a relationship based on the past.



We are so blessed this lifetime to be given gifts and tools to identify and release the past so we can more effortlessly change the future. Using your relationships as mirrors, you are empowered to discover and heal numerous issues from your past. In doing so, you change what your subconscious attracts into your life. It is very empowering.

If you have trouble doing this yourself, you can certainly reach out to me as I do this privately. But, this Saturday is certainly the most affordable way in which to address numerous issues at once in an easy manner. Information below for our next monthly healing call this Saturday.

Wishing you loving relationship always...

Blessings,

Joy

PS: Don't forget to join is our Facebook group, [Help from Heaven](#), for further discussion.

## BOOK

### Wisdom of the Guardian



Many are struggling for answers and have asked what they can do personally do their own healing. Reading "Wisdom of the Guardian: Treasures from Archangel Michael to Change Your Life" can help.

Michael addresses purpose, career, relationships, parenting, and Heaven on Earth among other insights.

Michael is always with you when you read the book.

The tools he provides at the end of the book will serve you over and over again.

[Wisdom of the Guardian](#)

## TELEPHONE EVENTS

### Group Healing Calls



February 1, 2020, 11:11 AM EST

### Clear Your Past and Change Your Future

Release the limitations from the past that are blocking your future of ease, joy and abundance. Let go of negative emotions, beliefs, situations, challenges, karma, ancestral and 3D programming as well as anything sabotaging or concerning you. **We will be releasing relationship issues along** with whatever God dictates in both clearing and teaching.

[For more information and registration.](#)



Joy S. Pedersen, CEO and Founder of Express Success LLC, is a Doctor of Divinity, Licensed Spiritual Healer, Certified Spiritual Health Coach, Certified Law of Attraction Practitioner, Non-denomination ordained minister and a #1 International Best-selling author. She is also a noted business consultant and networker with a celebrated international clientele.

She works closely with individuals and businesses of all sizes to overcome their challenges with money, relationships, career, business, health and well being. Her work includes clearing negative memories, emotions, limited beliefs, property, travel, karma, curses and darkness as well as clearing the future.

Her pro bono work focuses on a global peace and prosperity initiative healing the cause of the imbalances and atrocities negatively affecting all to set humanity free.

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