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Express Success LLC



Joyful News - March 3, 2020



Checklist

As mentioned in yesterday's email, my commitment this week is to help you overcome fear. It is more important than ever because we are coming up upon the anniversary of Heaven on Earth when people who are ready to ascend to 5D can that day. Fear is often what will hold people back from ascending.

Fear is the biggest culprit of sabotage. I would doubt you'd like to consider having any fear block optimal results. That would include the fears others have as well as your own.

In preparing for what I wanted to send you today, I was thinking of my recent client work. In private sessions just this week we addressed some of the following fears: fear of not being enough, fear of not selling a building, fear of public appearances, fear of not meeting the rent, fear that a person might still be toxic, fear that a particular situation might not work out, fear that they won't get over their fear, fear of the market going down, fear of what will happen to their company with the fluctuations affecting their business, fear of making a mistake, fear of not being heard or respected, etc.

You either come from love or fear. When in a state of fear, you attract less than optimal results. The universe matches where you are at in your thinking. By eliminating your fears, you raise your vibration and improve your results. You are attracting what you believe to be true.

In an effort to give you a base to consider your fears and where you might want to focus to overcome them, here's a checklist from one of my programs. You can use this downloadable [checklist](#) weekly to focus on a new fear and address a plan to overcome that particular fear that week by addressing it with a plan.

If you want to get to the bottom of your fears sooner than later, reach out to me personally or join us Saturday when we clear all fears to set you free during our [group healing call](#).

Wishing you fearlessness...

Blessings,

Joy

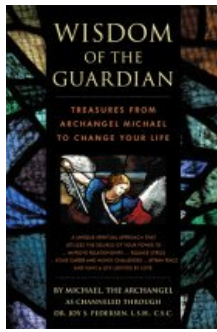
PS: Don't forget to join in our Facebook group, [Help from Heaven](#), for further discussion.

BOOK

Wisdom of the Guardian

TELEPHONE EVENTS

Group Healing Calls



Many are struggling for answers and have asked what they can do personally do their own healing. Reading "Wisdom of the Guardian: Treasures from Archangel Michael to Change Your Life" can help.

Michael addresses purpose, career, relationships, parenting, and Heaven on Earth among other insights.

Michael is always with you when you read the book.

The tools he provides at the end of the book will serve you over and over again.

[Wisdom of the Guardian](#)



March 7, 2020, 11:11 AM EST

Clear Your Past and Change Your Future

Release the limitations from the past that are blocking your future of ease, joy and abundance. Let go of negative emotions, beliefs, situations, challenges, karma, ancestral and 3D programming as well as anything sabotaging or concerning you. **We will be releasing fear as it applies to a variety of issues** along with whatever God dictates in both clearing and teaching.

[For more information and registration.](#)



Joy S. Pedersen, CEO and Founder of Express Success LLC, is a Doctor of Divinity, Licensed Spiritual Healer, Certified Spiritual Health Coach, Certified Law of Attraction Practitioner, Non-denomination ordained minister and a #1 International Best-selling author. She is also a noted business consultant and networker with a celebrated international clientele.

She works closely with individuals and businesses of all sizes to overcome their challenges with money, relationships, career, business, health and well being. Her work includes clearing negative memories, emotions, limited beliefs, property, travel, karma, curses and darkness as well as clearing the future.

Her pro bono work focuses on a global peace and prosperity initiative healing the cause of the imbalances and atrocities negatively affecting all to set humanity free.

Express Success LLC • 4411 Bee Ridge Road, #122 • Sarasota, FL 34233
<https://JoyPedersen.com>

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