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Journey to Owning Your Power: The Story of Sage Joy

By **Lumina Michaels**

For years, Sage Joy (formally known as Dr. Joy Pedersen) worked quietly behind the scenes as a spiritual healer, serving both private clients and carrying out global healing assignments directed by Source. Her work was profound yet largely unseen. Though she always sensed she was being called to step into greater visibility, memories of persecution from past lifetimes made her hesitant to go public.

That shifted one Wednesday evening when she received clear guidance from Heaven: it was time. There would be no more waiting and no more hiding. She was to embrace her spiritual identity fully and bring her truth into the open.

From that moment, she stepped into her role with courage. Sage Joy publicly embraced her spiritual name and the designation given to her by Source on January 8, 2020, of World Mother. What would have felt terrifying years earlier, revealing such controversial spiritual truths, now brought her an unshakable sense of freedom. By clearing lifetimes of persecution, she had released the fear that once kept her silent.

The impact of her decision was immediate. As she began sharing her insights and experiences through blog posts, readers responded with gratitude and inspiration. Many wrote to her, saying they felt stirred to live more authentically themselves. In freeing herself, Sage Joy created a ripple effect that gave others the courage to embrace their sovereignty.

Over the years, Sage Joy has guided countless clients through past-life healing, often addressing themes of power such as misuse of power, disempowerment, and persecution. She observed that persecution was a common thread holding many people back. Her own decision to step forward was not only personal but collective. By breaking through the fear of persecution within herself, she helped dismantle the pattern for others.

The ripple effects extended further. Joy began receiving more invitations to speak, including podcast interviews and other new opportunities. After decades of quietly and unrecognized doing global healing work, often transmuting darkness without anyone knowing, she could finally speak openly about the changes taking place in the world and how humanity benefits from them.

She acknowledges that her years of hidden service were not wasted. On the contrary, they were purposeful, allowing her to complete assignments without interference. But the time has come for a new chapter. Today, Sage Joy not only continues her healing work but also inspires others to see how the world has already shifted and how their lives can transform with greater ease.

Owning her power has proven to be one of the most important decisions of her life. Stepping forward at the divinely guided moment allowed everything to align. She now experiences greater joy and freedom than ever before, and she witnesses the same expansion unfolding in others as they step into their sovereignty.

Sage Joy is clear that this is only the beginning. The stage may be larger now, but her mission remains the same: to illuminate, to heal, and to guide others into living their divine destinies. In her words and her work, she reflects the promise of this new era that these are extraordinary times, and that it is time for everyone to claim the fullness of who they truly are.

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